

KIRSTENBOSCH BREAKFAST MENUXXX

Available Tuesday, Saturday and Sunday until 11:30am

MOYO GO	39
The quickie - egg, toast, 2 rashers of bacon and	
grilled dukkah tomato	
KIRSTENBOSCH OMELETTE	69

2 egg omelette with your choice of 2 fillings: tomato, grated cheddar, caramelised onion, grilled mushrooms or bacon, served with toasted pumpkin bread

THE FULL MOYO 89

2 eggs, grilled dukkah tomato, 2 rashers of bacon, boerewors, thyme & garlic mushrooms, served with toast

Add: Egg 7 | Grated cheddar 10 | Tomato 15 Grilled mushrooms 15 | Bacon 20 | Boerewors 20 Olives 20 | Feta 20 | Avocado (when ripe) 25



KIRSTENBOSCH

PENSIONERS MENU

Menu available Tuesdays only moyo Kirstenbosch celebrates it's Senior Citizens

MOYO GO + TEA/COFFEE (Breakfast available till 11:30am)	45
SOUP & ROLL + TEA/COFFEE	49
PIE, CHIPS & SALAD + TEA/COFFEE	75
FISH & CHIPS + TEA/COFFEE	99
BURGER & CHIPS + TEA/COFFEE	89
MALVA PUDDING + TEA/COFFEE	59
SCONE/MUFFIN + TEA/COFFEE	45
TEA/COFFEE	18

AFRICAN DELUXE SANDWICHES

Our decadent sandwiches are prepared with your choice of a cumin flavoured wrap, homemade seeded bread or pumpkin bread, accompanied with a pyramid of hand cut chips

BREAKFAST OPEN SANDWICH Bacon, sliced boiled egg, tomato, rocket, harissa mayonnaise and dukkah cream cheese on toasted pumpkin bread	79
SIMPLE VEGETARIAN (V) Feta, cream cheese, avocado, lettuce, piquanté peppers, marinated tomato and chickpea chilli spread	79
CRUSHED AVO (V) Crushed avocado on toasted seeded bread with sliced tomato and dukkah cream cheese, drizzled with olive oil and tabasco	89
HARISSA CHICKEN BREAST SANDWICH Grilled chicken breast with caramelised onions and harissa mayonnaise	99
CRUMBED CHICKEN & CHAKALAKA SANDWICH Crumbed chicken breast with lettuce, avocado, sliced cheddar and chakalaka (on the side)	99

LIGHTMEALS

MOYO PIE, CHIPS & SALAD Homemade flaky puff pastry pie with a traditional twist. Durban lamb curry, Beef dombolo or Maputo peri peri chicken	79
MAMA'S SPICY TOMATO NACHOS (V) Spicy tomato nachos with cumin cream cheese, chakalaka, jalapeños, red onion, chickpea dip and cheese Add: Harissa chicken R29	79
LENTIL CURRY WRAP (V) A toasted butter brushed cumin wrap, filled with a Malay style assorted lentil & sugar bean curry, served with sambals, carrot salad and raita	89
EGYPTIAN VEGETARIAN SALAD (V) Marinated olives, cucumber, cherry tomato with cumin dressing, feta, mutabbal (brinjal dip), tabbouleh, chilli spiked hummus, served with pita bread	89
FISH HOEK FISH & CHIPS Jumbo hake fried in crisp beer batter served with hand cut chips, lemon wedges	99

LAMB BUNNY CHOW

Delicious Durban style lamb curry on the bone, served in a homemade bunny chow bread accompanied by sambals, carrot salad and raita

109

and harissa mayonnaise



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single 89 double 119

single 119 double 149

single 119 double 149

SALADS

HOUSE SALAD (V) Baby spinach leaves, butter lettuce, cucumber, chickpeas, marinated red onion, roasted pumpkin cubes, vine tomatoes, string beans, melba toast and toasted pumpkin seeds, with a mustard & herb dressing	89
LIMPOPO CHICKEN SALAD Honey glazed sesame grilled chicken, rocket, mixed greens, tomato, feta, spicy nuts and strawberries, dressed with mustard & herb dressing	109
Add: Olives 20 Feta 20 Avocado (when ripe) 25 Harissa chicken 29	

STARTERSXX

BREAD PLATTER (V) Crisp Moroccan and Tunisian flat bread drizzled with dukkah olive oil and served with a chickpea & chilli dip	39
FREE STATE SWEET POTATO SOUP (V) Creamy sweet potato soup, served with sweet potato crisps and pumpkin bread rolls	49
MOYO SAMOOSAS Deep fried triangular pastry pockets with homemade chutney Mild curried beef mince or Cheese & spring onion (v)	59
SOWETAN WINGS 3 Grilled chicken wings basted with your choice of BBQ or Hot & Spicy	59
GRILLED CALAMARI	79

Calamari grilled in a lemon harissa butter sauce

FROM THE GRILL

KRAAL GRILL

All our meat is carefully selected and certified to ensure the best quality experience. Our grills are accompanied by a side of your choice, African spinach and nhopi dovi. Enjoy your meat either coated in rich dark basting, seasoned with dukkah salt or grilled plain to your taste.

300gr Sirloin 149 | 250gr Fillet 189 400gr Beef Ribs 149 | 800gr Beef Ribs 259



SIDES 29

Pap | Hand cut chips | Moroccan rice
Side salad | Potato galette | Samp
Dombolo - Traditional steamed dumplings
Nhopi dovi - Zimbabwean style pumpkin and peanut purée
African spinach - Braised with sweet potato, onion and cumin



SAUCES 29

Madagascan green peppercorn | Chakalaka | Mushroom Mozambican peri peri | Cheese

COMMUNAL KRAAL MIXED GRILL - FEEDS 4

589

Chargrilled and basted. The communal grill must be enjoyed with good company and great wine, the moyo way. 600gr Sirloin, 400gr Boerewors, 800gr Beef Ribs, African spinach, nhopi dovi and your choice of 2 sides

NYAMA NA KUMBA 159

200gr basted beef sirloin skewered with prawns, grilled to perfection and served with a lemon harissa sauce, sautéed seasonal vegetables and hand cut chips

MAPUTO PERI PERI CHICKEN

Made famous in Maputo - flamed spatchcock chicken in peri peri, with hand cut chips

MOROCCAN SLOW BRAISED LAMB SHANK

189

169

Lamb shank, slow cooked in rich spiced gravy, served with sautéed seasonal vegetables and couscous

MOYO FLAMED FILLET 199

Aged fillet filled with mushroom, spinach and mozzarella, on herb potato galette with creamy Madagascan green peppercorn & piquanté peppers sauce



SENEGALESE LINE FISH Fresh line fish grilled and topped with a creamy coconut, mango & bell pepper base sauce, infused with ground nut and ginger, topped with sliced green olives. Served with nhopi dovi, African spinach and couscous OR Moroccan rice	159
SEARED CALAMARI Seared calamari sautéed with olives, broccoli and garlic, drizzled with lemony harissa butter and served with Moroccan rice	169
MOZAMBICAN PRAWNS Prawns in a homemade peri peri or lemon harissa butter sauce served with Moroccan rice OR hand cut chips	239

TAGINES X XX 8 POTJIES X XX

Preparation styles of North, East and South Africa, cooked and served in cast iron pots with your choice of couscous, Moroccan rice, pap, samp or dombolo

BEEF DOMBOLO Beef braised in a rich beef stock with onions, mushrooms, carrots and tomato, served with traditional dumplings and a side	149
PRAWN AND CHICKEN CURRY Fragrant creamy curry with tones of traditional spices and coconut served with your choice of side	175
OXTAIL AMOS Our famous oxtail braised with butterbeans and carrots in red wine beef jus served with a side	179
DURBAN LAMB CURRY Cubed lamb on the bone, prepared in a perfect blend of masala and whole spices,	179

served with sambals, carrot salad, raita and a side

DESSERT

MOYO MESS Brown sugar caramel pavlova topped with whipped cream, muscadel spicy poached pears and gooseberries	55
AMARULA ICE CREAM Vanilla ice cream with a shot of Amarula and shaved chocolate	55
CAPE MALVA PUDDING Traditional South African classic served with crème anglaise and ground pistachio nut	59
DECADENT CHOCOLATE BROWNIES moyo's cross between a cake and cookie, with walnuts, drizzled with butterscotch & chocolate sauce and served with whipped cream	59

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WAFFELS

Full portion waffles made with buttermilk and served with vanilla ice cream

THE CLASSIC Drizzled with maple syrup	45
BERRIES & CREAM Topped with berry compote, drizzled with strawberry sauce & crushed Oreo biscuits	59
NUTELLA CHOCOLATE Topped with Nutella spread, drizzled with chocolate sauce & choc chips	69
BANOFFEE WAFFLE Topped with banana & caramel spread, drizzled with a caramel sauce	59
LEMON MERINGUE Topped with a lemon infused condensed milk, marshmallow fluff, lemon zest and crushed tennis biscuit	69

METMILKSHAKES 00000000000000 CLASSIC SHAKES 30 Vanilla | Chocolate | Strawberry | Lime | Bubblegum 45 COFFEE CRUMBLE SHAKE Coffee, choc chip cookies and chocolate, blended with ice cream and topped with whipped cream DEATH BY CHOCOLATE 49 Blended chocolate brownies, layered with white and dark chocolate milkshake and chocolate sauce, topped with whipped cream PEANUT BUTTER CARAMEL SHAKE 49 Peanut butter and caramel shake, topped with whipped cream, chocolate sauce and sprinkled nuts 49 **ZOO BISCUIT SHAKE** Zoo biscuits and berry compote, blended with ice cream and topped with whipped 49 WHEN LIFE HANDS YOU LEMONS Sweet lemon filling blended with ice cream and tennis biscuits, topped with marshmallow fluff and lemon zest ESPRESSO Bold intense flavours of our finest Arabica beans Single 22 | Double 27 25 AMERICANO Espresso topped with hot water served with hot or cold milk CAPPUCCINO 28 A single espresso shot topped with equal parts steamed and frothed milk or cream RED ESPRESSO Naturally caffeine-free and made only from pure rooibos tea. Served the way you like Espresso 28 | Cappuccino 30 29 HOT FAVOURITES Hot chocolate CAFÉ LATTE 30 A single espresso shot with steamed milk 36 Infused espresso, topped with steamed milk and froth. Available in vanilla or hazelnut 39 Espresso blended with vanilla ice cream and milk SELECTION OF TEAS AVAILABLE

Rooibos 18 | Five Roses 20 | Moroccan mint tea 25





DELIVERY



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HOME TO THE



NEWLANDS VIRTUAL KITCHEN



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DINEPLAN



UberEATS



MrDFood

Credit cards welcome. No cheques accepted. Service charge not included. We reserve a right to charge a 10% service fee. Some food items may have traces of nuts, sesame seeds and egg. Should you be allergic to any food items, please request information regarding the ingredients prior to ordering. Photographs are for illustrative purposes only and presentation may vary. Certain ingredients used in this menu are seasonal and are subject to availability.

QA STILL OR SPARKLING WATER		N // /		
30ml 22 660ml 35			()) Y	
ODAS 200ML	23			
Coca-cola			11 11	
CHWEDDES MIXEDS SUUM	23			

24

25

26

32

34

39

(non-alcoholic)

59

59

59

65

79

SCHWEPPES MIXERS 200ML

Dry lemon | Ginger ale | Lemonade Soda water | Tonic water

ZERO SODAS 300ML

Coke no sugar | Sprite zero

TOMATO COCKTAIL 200ML

SODAS 300ML

Coca-cola | Cream soda | Sprite Fanta orange | Stoney

BOS ICE TEA 330ML

Lemon | Peach

TIZERS 330ML

Apple | Red grape

RED BULL ENERGY DRINKS 250ML

JUICE

Regular | Sugar free | Cranberry

VIRGIN COLADA

Fresh pineapple blended with coconut milk extracts and lemon

VIRGIN STRAWBERRY DAIQUIRI

59 Wild strawberry puree, fresh lime and sultry strawberry juice, served frozen

VIRGIN NJANO

Fresh pineapple blended with mango juice, coconut extracts and fresh lemon

BERRY CITRUS TWIST

Orange curacao extracts shaken with fresh lime and sultry strawberry juice, layered over orange juice

NO-JITO

Made with the freshest limes, quartered and muddled gently with mint and pure cane sugar. Stirred with crushed ice and topped with a splash of soda

FRESH FRUIT JUICES 29

Cranberry | Strawberry | Mango | Orange Pineapple | Apple

RED BULL TWIST

Fresh apple, lime and mint with soda and Red Bull, regular or sugar free

MOY -ORIGINAL

CLASSIC -E MOYO

COSMOPOLITAN

59

Smirnoff vodka shaken with Triple Sec, fresh lime and cranberry juice, garnished with a citrus twist

PINA COLADA

69

An island classic. Bacardi rum blended with coconut extracts and fresh pineapple

CLASSIC MAMARITA

69

The traditional fusion of el Jimador blanco tequila with triple sec and freshly squeezed lime. Served shaken or frozen

VODKA RED BULL

Cruz vodka and Red Bull, regular or sugar free

Single 69 | Double 99

LONG ISLAND ICED TEA

79

Four white spirits shaken with triple sec and freshly squeezed lemon. Served long, charged with Coca-Cola

STRAWBERRY DAIOUIRI

85

Bacardi rum blended with wild strawberry extracts, fresh lime and sultry strawberry juice, served frozen

MOJITO

ΩQ

Made with the freshest limes, quartered and muddled with mint, pure cane sugar and Bacardi rum. Stirred with crushed ice, topped with a splash of soda

MOYO RUM RUNNER

69

Bacardi pineapple rum muddled with fresh pineapple, mango puree, fresh lime, and chilled orange juice. Shaken cold, layered over fresh berry juice

CAPTAIN NJANO

69

Spiced Gold rum blended with fresh pineapple, coconut extracts, fresh lemon and mango juice

KIJANI SKY

75

Smirnoff vodka shaken with vanilla and cucumber extracts, fresh lime and pineapple juice

CHERRI GIN SMASH

75

Tanqueray gin shaken with morello cherry extracts, fresh rosemary and lime

AFRICAN SUNSET

85

Spiced Gold rum and white peach extracts shaken with mixed berry puree, muddled strawberries and fresh lime. Served tall, capped with crushed ice and an orange juice float

RED BULL SPRITZER

89

Cruz vodka, soda, fresh orange and mint, topped with Red Bull cranberry

KILIMANJARO

115

Tanqueray gin shaken with passion fruit puree, fresh limes and mint. Served tall over ice and charged with Red bull energy drink (contains guarana)

DOUBLE BLACK BERRY BLAZE

115

Tall, dark and frozen. Smirnoff vodka and Double Black with guarana, blended with blueberry puree and fresh limes



Zevenwacht literally meaning Seven Expectations, the wines exemplifies abundant delights which are distinguished by their classic style and finely crafted elegance.

Carafe/Bottle

ZEVENWACHT 7EVEN SAUVIGNON BLANC 59/175 ZEVENWACHT 7EVEN BOUQUET BLANC 59/175 ZEVENWACHT 7EVEN ROSÉ 59/175 ZEVENWACHT 7EVEN ROOM 59/175 ZEVENWACHT 7EVEN PINOTAGE 59/175

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Bottle

SAUVIGNON BLANC

BON COURAGE THE GOOSEBERRY BUSH 170 310 CAPE POINT CAPE TOWN

DURBANVILLE HILLS 179 DE KRANS UNWOODED 189 220 RUSTENBURG STELLENBOSCH

CHENIN BLANC

KLEINE ZALZE CELLAR SELECTION 169 **ERNIE ELS BIG EASY** 229

Sauvignon Blanc, Chenin Blanc, Chardonnay WOLFTRAP WHITE Viognier, Chenin Blanc, Grenache Blanc. FLAGSTONE NOON GUN 195 Chenin Blanc, Sauvignon Blanc, Viognier

HAMPAGI

Bottle

MOËT & CHANDON BRUT IMPÉRIAL NV 1200 MOËT & CHANDON NECTAR IMPÉRIAL 1390

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	Bottle
KRONE BOREALIS CUVÉE BRUT Chardonnay, Pinot Noir	320
KRONE NIGHT NECTAR DEMI-SEC Chardonnay, Pinot Noir	320

320 SIMONSIG KAAPSE VONKEL BRUT Pinot Noir, Chardonnay, Pinot Meunier

320 PIERRE JOURDAN BELLE NECTAR DEMI-SEC ROSÉ



150

NEDERBURG

REDXXX WINE

	D-sel-
SAUVIGNON BLANC PINOT NO	Bottle
PAUL CLUVER	310
NITIDA	440
CABERNET SAUVIGNON	
VINOLOGIST STELLENBOSCH	215
ERNIE ELS BIG EASY	230
PINOTAGE	
BARISTA Simonsig	240 280
SIMUNSIO	200
SHIRAZ	
FAT BASTARD	329
MERLOT	
ROBERTSON LANDSKROON	190
TAUD9VKOON	220
BLENDS	
THE WOLFTRAP RED Syrah, Mourvèdre, Viognier	165
NEDERBURG BARONE	190
Cabernet Sauvignon, Shiraz EDGEBASTON PEPPER POT	250
Syrah, Mourvèdre, Carignan, Tannat, Grenache, Cinsaut	
CIDERS & COOLE	RS
BRUTAL FRUIT 275ML	38

BRUTAL FRUIT 275ML	38
Ruby Apple Spritzer HUNTERS 330ML	39
Gold, dry	UU
SAVANNA 330ML	42
Dry, light, lemon (non-alcoholic)	
SMIRNOFF ICE DOUBLE BLACK 250ML	45

CASTLE 340ML Lager, milk stout, free	35
BLACK LABEL 340ML	35
MILLER GENUINE DRAFT 330ML	37
WINDHOEK 330ML lager, light	38
HEINEKEN 330ML lager, 0,0	40
BECKS NON-ALCOHOLIC 330ML	40
WINDHOEK LAGER DRAUGHT 440ML	42

DRAUGHT

CASTLE LITE	300ml 38	500ml 48	
STELLA ARTOIS	300ml 44	500ml 54	

PORT (per 50ml's) ALLESVERLOREN BOPLAAS	28 28
Cape ruby, cape tawny	
LIQUEUR (per 25ml's) ZAPPA	22
Original, black CAPE VELVET Original	26
AMARULA	26
SOUTHERN COMFORT	26
KAHLUA	28
AMARETTO DISARRONO	32
VODIA	
VUUNA (per 25ml's)	
SMIRNOFF	24

CRUZ VINTAGE BLACK

26

TEQUILA (per 25ml's) EL JIMADOR BLANCO EL JIMADOR REPOSADO GIN (per 25ml's)	32 38	BRAND (per 25ml's)	Y
GORDONS	24 32	RICHELIEU	24
TANQUERAY Bombay Sapphire	36	KLIPDRIFT EXPORT	24
HENDRICK'S	52	VAN RYN'S	
SIX DOG'S BLUE	56	10 YEAR OLD	38
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		12 YEAR OLD	72
WHISKEY	Ë		=
BOURBO		RUM (per 25ml's) SPICED GOLD CAPTAIN MORGAN BACARDÍ Carta blanca, gold	25 25 27
THREE SHIPS	24	5	
J&B	26	COGNAC (per 25ml's)	
BELLS	28	HENNESSY	
BUSHMILLS ORIGINAL	34	VERY SPECIAL	55
BAIN'S	36	V.S.O.P. PRIVILEGE	89
JACK DANIEL'S	38		
THE SINGLETON 12 YEAR OLD	49	DIGESTIVES (per 25ml's)	
MONKEY SHOULDER	49	JAGERMEISTER (per 25ml's)	32
GLENFIDDICH 12 YEAR OLD	58	UNDERBERG ANTONELLA GRAPPA	45 48
JOHNNIE WALKER		SHERRY (per 50ml's)	
RED	30	OLD BROWN	24
BLACK	46	MONIS	26
DOUBLE BLACK	54	Full cream, medium cream, pale dry	

