

## BREAKFAST



[ All breakfasts are served with a choice of white, brown, rye or low G.I. health bread ]

<b>Eggs Benedict</b> Two poached eggs with crispy bacon served on English muffins topped with Hollandaise sauce	R 82
<b>Mini Breakfast</b> One fried egg, bacon, grilled tomato & toast	R 42
<b>Garden Breakfast</b> Two fried eggs, bacon, mini pork sausage, grilled tomato & toast	R 53
<b>Farmhouse</b> Two fried eggs, bacon, mini pork sausage, grilled tomato, mushrooms, chips & toast	R 62
<b>Vegetarian</b> Two fried eggs, mushrooms, grilled tomato, chips, avo, grilled halluomi & toast	R 62
<b>Scrambled Eggs &amp; Bacon</b> On toast	R 59
<b>Scrambled Eggs on Toast</b> Topped with smoked salmon & cream cheese	R 82
<b>Omelettes (served with toast)</b> - Choice of 3 fillings: cheddar, ham, bacon, mushroom or cherry tomatoes - Smoked salmon & cream cheese	R 75 R 84
<b>Rye Toast</b> Topped with 2 poached eggs, crispy bacon, avo & rocket	R 72
<b>French Toast</b> with crispy bacon & syrup	R 62
<b>Health Bowl - Fresh seasonal fruit</b> - add Muesli - add Yoghurt	R 36 R 16 R 16
<b>Fresh Paw Paw</b> Topped with Greek yoghurt, honey & toasted almonds	R 72
<b>Low G.I. Toast</b> - with Anchovy & sliced tomato - Sliced avocado with rocket & lemon	R 36 R 44

## TOASTED SANDWICHES

[ Choice of white, brown or rye bread - Served with a few fries ]

<b>Cheddar &amp; Tomato</b>	R 52
<b>Cheddar &amp; Mushroom</b>	R 55
<b>Bacon &amp; Egg</b>	R 56
<b>Bacon &amp; Banana</b>	R 54
<b>Chicken Mayo</b>	R 58
<b>Chicken Mayo &amp; Peri-peri</b>	R 60
<b>Beef Curry</b>	R 86
<b>Deboned Lamb Curry</b>	R 89
<b>Mitchell Park Special</b> Bacon, chicken mayo, cheese, lettuce & tomato on rye	R 74



## OPEN SANDWICHES

[ Served on low G.I. health bread with a side salad ]

<b>Bacon &amp; Avo</b>	R 72
<b>Camembert, Bacon, Onion Marmalade &amp; Rocket</b>	R 79
<b>Cajun Chicken &amp; Avo</b>	R 82
<b>Grilled Chicken - with avo, basil pesto, baby roasted tomato &amp; rocket</b>	R 82
<b>Smoked Salmon, Avo &amp; Cream Cheese</b>	R 92
<b>Mozzarella, Tomato, Basil Pesto, Avo &amp; Rocket</b>	R 72

## WRAPS

[ Served with a fresh side garden salad ]

<b>Grilled Chicken - with avo, basil pesto, roasted baby tomato &amp; rocket</b>	R 92
<b>Smoked Salmon, Avo &amp; Cream Cheese</b>	R 92
<b>Bacon, Avo &amp; Feta</b>	R 88
<b>Lamb, Tsatsiki, Avo &amp; Mint</b>	R 92
<b>Halloumi Cheese, Hummus &amp; Rocket with toasted pine nuts</b>	R 86

## TRAMEZZINI

[ Pita bread and mozzarella cheese ]

<b>Vegetarian</b> Olives, feta, spinach & mushrooms	R 76
<b>Bacon, Avo, Spinach &amp; Feta</b>	R 76
<b>Cajun Chicken &amp; Avo</b>	R 79
<b>Chicken Mayo &amp; Peri-Peri</b>	R 79
<b>Beef Curry</b> with chutney & sambals	R 92
<b>Deboned Lamb Curry</b> with chutney & sambals	R 98

## BURGERS

[ All served with fries ]

<b>Traditional Homemade Beef Burgers</b>	
- Traditional	R 72
- Cheese	R 89
- Bacon & Egg	R 99
- Gourmet: Cheese, Bacon, Avo & Rocket	R 115

<b>Chicken Burgers</b>	
- Grilled/crumbed chicken fillet	R 78
- Camembert, avo, onion marmalade & rocket	R 88
<b>Steak Sarmie</b> 150g fillet with pesto, garlic mayo & fries	R 82

## LIGHT MEALS

<b>Quiche of the Day</b> Served with a side Greek salad	R 78
<b>Chicken Fingers - Crumbed chicken strips</b> with a BBQ dipping sauce & fries	R 72
<b>Fish &amp; Chips - Our famous grilled hake</b> with a fresh lemon sauce	R 95
<b>Pie of the Day - with gravy &amp; fries</b>	R 89

## SALADS

[ Our salads have a base of mixed lettuce, cucumber, red onion & cherry tomato ]

<b>Smoked Salmon</b> with capers, cream cheese & avo	R 96
<b>Cajun Chicken &amp; Avo</b> Spicy blackened chicken with avo topped with a mango-lime chilli dressing	R 88
<b>Prawn &amp; Avo</b> Topped with prawn tails & a creamy balsamic dressing	R 92

## SALADS [CONT.]



<b>Chef's Salad</b> Topped with cheddar cheese, bacon bits, boiled egg, nuts & Caesar dressing	R 72
<b>Roast Butternut &amp; Feta</b> Topped with pumpkin seeds, coriander & a balsamic vinaigrette - Add grilled chicken	R 84 R 24

## CAFE STARTERS

<b>Deep Fried Camembert</b> Served with cranberry sauce	R 74
<b>Chicken Livers</b> Sautéed in a light peri-peri & coriander sauce, served with garlic crostini	R 66
<b>Calamari Grilled or Deep fried</b>	R 79
<b>Spinach and Feta Crêpe</b> With a fresh tomato & basil sauce	R 72
<b>Creamy Chicken Peri-Peri Crêpe</b> With coriander & salsa	R 78

## BLUE ZOO SPECIALITIES

<b>Chicken Dijon</b> Chicken breast medallions sautéed in garlic & mushrooms in a creamy Dijon mustard sauce	R 115
<b>Fresh Grilled Linefish</b>	SQ
<b>Calamari Grilled or Deep Fried</b>	R 170
<b>Blue Zoo Fillet</b> 250g medallion in a white wine, prawn, mushroom & cream sauce	R 165
<b>Lamb Shank</b> "The best" roasted in a port wine sauce	R 170
<b>Duck a l'Orange</b> Half a crispy duck, charred & filleted, in a sherry-brandy & orange sauce	R 180

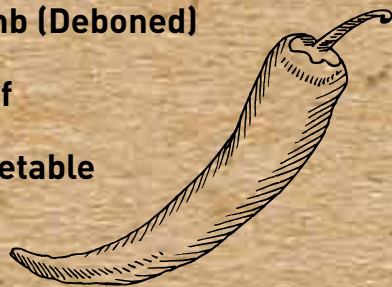
## PASTAS

✓ Penne Arrabiata	R 72
Penne Alfredo	R 78
✓ Penne Pesto	R 82
With roasted baby tomatoes	
- Add Chicken	R 24
- Add Bacon	R 24
- Add Prawns	R 28

## OUR FAMOUS CURRIES

[ Prepared with authentic herbs and spices served with rice and sambals ]

Chicken (Deboned)	R 105
Chicken & Prawn	R 125
Lamb (Deboned)	R 125
Beef	R 112
✓ Vegetable	R 98



## SWEET TREATS

Scones	R 28
Home baked, with strawberry jam and cream	
Fruit Salad & Ice cream	R 52
Ice cream & Bar-One Sauce	R 48
Chocolate Brownie with Vanilla Ice Cream	R 42
Cake of the Day	R 52
Ask your waitron for today's fresh selection	
Waffles - Syrup with cream or ice cream	R 46
- Grilled banana and ice cream	R 48



## KIDS STUFF

### BREAKFAST

Egg on Toast - Fried or scrambled	R 34
French Toast with Bacon & Syrup	R 42
Mini Breakfast	R 42
Egg, bacon, grilled tomato & toast	
Fruit Salad, Yoghurt & Honey	R 38

### TOASTED TREATS

Cheese	R 42
Bacon & Cheese	R 42
Chicken Mayo	R 42
Plate of Fries	R 24



### MEALS

Beef Burger & Chips	R 52
Chicken Fingers & Chips	R 52
Fish Fingers & Chips	R 52
Mini Pork Sausage & Chips	R 48
Alfredo Pasta - with Bacon	R 52
- with Chicken	R 56

### PUDDING

Ice cream & Bar-One Sauce	R 34
Waffle & Ice Cream	R 36
Soda Float	R 30

### DRINKS

Cream Soda, Fanta, Sprite	R 22
Milkshakes	R 26
(Vanilla, Lime, Strawberry, Chocolate or Bubblegum)	
Oreo Milkshake	R 30
Bar-one Milkshake	R 30
Fresh fruit juice	R 22
Slush Puppie	R 28



## BEVERAGES



### HOT DRINKS

Filter Coffee	R 22
Americano	R 25
De-caf Coffee	R 24
Cappuccino	R 26
De-caf Cappuccino	R 28
Espresso	R 22
Double Espresso	R 28
Café-latte	R 28
Tea (5 Roses)	R 20
Rooibos	R 22
Red Cappuccino	R 30
Earl Grey	R 24
Milo	R 28
Hot Chocolate	R 28
White Hot Chocolate	R 28
Chai Latte	R 30
Choccocino	R 30



### COLD DRINKS

Iced Tea	R 26
Coke, Fanta, Cream Soda, Sprite	R 22
Appletiser	R 26
Red Grapetiser	R 26
Fresh Juices	R 28
Still Bottled Water	R 22
Sparkling Bottled Water	R 22



### MILKSHAKES

Chocolate, Strawberry, Vanilla, Lime	R 32
Bar-One Double Thick	R 39
Double Espresso, Double Thick	R 39
Fruit Whip	R 38
Mixed Berry Smoothie (Dairy Free)	R 40
Mango Crush	R 40
Coffee Freezo	R 40



DURBANVILLE HILLS

Shaped by the Landscape



# MENU

Café & Tea Garden



Quality

