

STARTERS

- Soup of the day R46
- Seafood soup of the day R56
- Homemade Fishcakes R66
Chick pea and grilled corn salad, tzatziki sauce
- Mussel Pot R68
Steamed mussels, tomato provincial sauce, freshly baked sour dough baguette
- Portuguese Sardines R73
Flecked sardines, portuguese spice, salsa salad, peri-peri sauce
- Fried Crumbed Cornbert R73
Crumbed with sesame seeds, toasted ciabata bread, homemade pineapple relish
- Grilled Black Mushrooms (V) R89
Slow roasted marinated baby tomato, roasted garlic, feta cheese, rocket leaf, pesto
- Bitlong and Grilled Corn R97
Oven roasted beetroot, grilled corn, bitlong, feta cheese pecorino basket, chipotle dressing
- Oysters SQ
Fresh oysters, lemon wedges



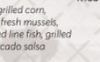
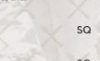
SALADS

- Greek Salad (V) R70
Greens, baby tomatoes, red onion, cucumbers, olives, feta
- Grilled Chicken Salad R87
Chicken filets, char grilled broccoli, sultanas, orange, toasted seed slaw
- Spicy Blackened Squid Salad R98
Lentils, charred corn, roasted peppers, greens, cajun spiced blackened baby squid
- Grilled Line Fish Nicoise Salad R98
Lightly marinated line fish filets, butter potatoes, baby tomatoes, olives, bean sprouts, pecorino, anchovy, caper dressing
- Artichoke and Quinoa Salad (V) R97
Artichokes, thai dipping sauce, quinoa, honey roasted garlic, roasted seeds, grilled baby marrow



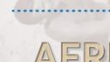
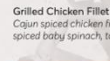
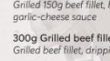
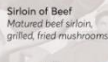
SEAFOOD

- Deep Fried Calamari Strips R98
Calamari strips, seasoned flour, savoury rice, tartar sauce
- Beer Battered Fish and Chips R98
Hake fillet, secret beer batter, chips, tartar sauce
- Grilled Hake Fillet R98
Hake fillet, grilled, lemon butter sauce
- Mussel Pot R98
Steamed mussels, tomato provincial sauce, freshly baked sour dough baguette
- Seaforth Seafood Platter R163
Deep fried hake fillet, calamari, queen prawns, garlic mussels
- Roman Rock Seafood Platter R198
Grilled hake fillet, marinated baby squid, provincial mussels, grilled prawns
- Grilled Baby Kingkrip SQ
Warm garden pea and roasted pepper salad, thai dipping sauce
- Today's Line Fish SQ
Grilled, lemon/garlic butter
- Grilled Tiger Prawns SQ
Tiger prawns, lemon, chili, garlic, parsley, savoury rice, lemon butter sauce
- False Bay Seafood Platter for Two SQ
Grilled crayfish (500g), line fish, garlic mussels, calamari, 8 queen prawns, 4 crumbed oysters, lemon/garlic sauce
- Seafood Salad R168
Tossed salad, char grilled corn, roasted red pepper, fresh mussels, grilled prawns, grilled line fish, grilled baby calamari, avocado salsa



FROM THE GRILL

- Pork Belly R145
Braised pork belly, mustard and honey sauce, creamy mash potato, fresh broccoli
- Sirloin of Beef R165
Marinated beef sirloin, grilled, fried mushrooms
- Pork Spare Ribs R170
500g marinated pork loin rib, homemade BBQ sauce
- Grilled Beef Fillet and Prawns SQ
Grilled 150g beef fillet, brown mushroom, 6 queen prawns, garlic-cheese sauce
- 300g Grilled beef fillet medallions SQ
Grilled beef fillet, dripping sauce
- Grilled Chicken Fillet and Baby Calamari R138
Cajun spiced chicken filets, grilled marinated baby squid, spiced baby spinach, tomato salsa



AFRICAN POTS

- Cape Malay Curry R145
Local chicken, fresh channa, rice, chutney, pickles
- Pearl Barley Risotto (V) R118
Baby spinach, marinated tomato, roasted pepper, roasted chick peas, grilled baby marrow, risotto made with pearl barley, shaved pecorino cheese
- Cape Seafood Curry R168
Fresh line fish, selected shellfish, curry sauce, savoury rice, sambals, poppadums

PASTA

- Pasta Florentine (V) R72
Linguine, fresh baby tomatoes, baby spinach, grated pecorino, fresh basil pesto
- Seafood Pasta R155
Linguine, shelled prawns, calamari strips, mussels, line fish tossed in a creamy garlic sauce, fresh rocket pesto, grated pecorino cheese



V.I.K.

- Very Important Kids +12 and younger only
- Chicken Nuggets and Chips R38
- Fish and Chips R38
- Ribs and Chips R48



DESSERTS

- Ice cream and chocolate sauce R40
- Pavlova R54
Meringue cream, berries, fruit, coulis, ice cream
- Coupe Romanoff R69
Strawberry ice cream, strawberries, praline, coulis, fresh cream
- Chocolate Caramel Cheesecake Trifle R65
Dark chocolate sponge, caramel cheesecake, chocolate sauce, cream, caramel sauce, chocolate shavings
- Fridge Cheese Cake R59
Seasonal berries, berry sauce
- Crème Brule R46
Rooibos tea, honey flavoured crème brule
- Malva Pudding R64
Custard, vanilla ice cream
- Chocolate Mousse R58
Homemade chocolate mousse, kiwi, strawberry



BEVERAGES

- Hot Beverages
- Americano R24
- Decaffeinated Coffee R24
- Cappuccino R26
- Flat White R26
- Espresso Single R23
- Hot Chocolate R26
- English, Earl Grey or Rooibos Tea R24
- Cold Beverages
- Soft Drinks R21
- Milksakes R32
- Fresh Fruit Juice R27
- Apple/Red Grape/White Grape R30
- Ice Tea R30
- Tomato Cocktail R33
- Mineral Water
- Sparkling or Still Small R18
- Large R30

LIGHT MEALS

- Fish Pie R98
Fried leeks, onions, garlic, garden peas, cream, creamy mash potato, grated pecorino cheese, chips, salad
- Crumbed Chicken Fillet R98
Chicken filets, crumbed, fried, cheese sauce, chips, salad

BURGERS

- Seaforth Cheese Burger R92
Homemade beef burger, cheese, lettuce, tomato, chips
- Chicken Burger R92
Chicken breast, cheese, lettuce, tomato, chips
- Half Pounder Beef Burger R123
250g homemade pure beef patty, crispy bacon, egg, cheese, caramelized onions, tomato



SEAFORTH RESTAURANT



PLEASE NOTE

- Please use your cell phones with discretion •
- Credit cards accepted (Master or Visa) •
- No sharing of meals •
- Service charge not included in A la Carte pricing •
- 10% Service charge will be added on groups of 8 or more •