

DAIRY

CHEESE PLATTER
BULL RUN CHEESE CAKE
AMARULA MALVA PUDDING
CHOCOLATE BROWNIE
CHOCOLATE ICE CREAM BASKET
TRIO FRUIT SORBETS
BULL RUN TIRAMISU
WILD BERRY CRÈME BRULÉE
ICE CREAM & CHOCOLATE SAUCE

KIDDIES CORNER

CHEESE & MUSHROOM PASTA
CHICKEN BREAST & CHIPS
BURGER & CHIPS
RIBS & CHIPS

COFFEE

MOCCACHINO
CAFÉ LATTE
HOT CHOCOLATE
CAPPUCCINO
DOUBLE ESPRESSO
FILTER COFFEE
SINGLE ESPRESSO
ENGLISH, EARL GREY, LEMON TWIST,
CAMOMILE, PEPPERMINT
CEYLON TEA & ROOIBOS
MILKSHAKES

R	\$	£	€	HIGH	LOW	VOL
85	6	5	6	85	28	38781
55	4	3	4	55	25	55367
55	4	3	4	55	25	106717
55	4	3	4	55	25	45759
55	4	3	4	55	25	14688
55	4	3	4	55	28	22909
55	4	3	4	55	28	95877
55	4	3	4	55	28	113176
50	3	3	3	50	20	16557

95	7	5	6	95	75	10
95	7	5	6	95	75	27
95	7	5	6	95	75	13
95	7	5	6	95	75	12

KIDDIES CORNER UNDER 12yrs ONLY

32	2	2	2	32	10	146972
30	2	2	2	30	10	40370
30	2	2	2	30	10	22674
28	2	2	2	28	10	157382
28	2	2	2	28	9	146107
24	2	1	2	24	9	145045
21	1	1	1	21	9	13503
30	2	2	2	30	9	6280
26	2	1	2	26	7	12668
40	3	2	3	40	10	31981

Please note that while every effort is made to use fresh ingredients in the preparation of food and beverages served on the premises, food and beverages served may contain permitted artificial colourants, flavourants and preservatives, including dairy products, ice cream, frozen desserts, proprietary sauces, juices, preserves, jams and preserved meats. In addition, certain foodstuffs have been packaged and prepared on premises in which nuts may be present. Non-halaal and non-kosher foods are also prepared and served on the premises.

I have enjoyed many a meal at the Bull Run with family, friends and business associates - always well looked after by management and staff

Geoff Rothschild

Geoff Rothschild
PAST CHAIRMAN -
JSE SECURITIES EXCHANGE

Ryk Neethling

Ryk Neethling
2004 OLYMPIC GOLD MEDALIST

I always enjoy dining at the Bull Run. Doug Doel.

Doug Doel
EX - GENERAL MANAGER: LISTINGS
JSE SECURITIES EXCHANGE S.A.

Bull Run is the BEST meal I had in South Africa. We are coming back next time - Ryan Tedder / OneRepublic

Ryan Tedder
ONE REPUBLIC

Derek Watts

Derek Watts - CARTE BLANCHE

To Bull Run Great feed!

Daniel Carter
NEW ZEALAND
"ALL BLACKS"

I didn't have a steak I had a prawn... I didn't buy my new DVD! Leon Schuster

Leon Schuster
You must be joking!

"I look forward to many more enjoyable experiences with good friends and business partners at The Bull Run."

Magie vol ogies toe
Schalk Burger
16/11/2007
Schalk Burger
2007 RWC SPRINGBOK FLANK

Lucas Radebe

Lucas Radebe
EX LEEDS UNITED AND
BAFANA BAFANA CAPTAIN

Try it little or quite big!

Alex Jay
94.7 HIGHVELD STEREO DJ

Great Ambience Bull Run anytime. Ke a leboga! Lucas Radebe.

Arno Carstens
EX LEAD SINGER
SPRINGBOK NUDE
GIRLS

To Bull Run Love UR FOOD Lots of Love ARNO XOXO

Maybe some be with you Pete Goffe-Wood

Pete Goffe-Wood
MASTERCHEF JUDGE

ML Printing Jhb.

THE
BULL RUN
RESTAURANT

SANDTON
A wealth of good taste

In today's market, the client, our customer, has certainly become more food savvy, and understands the intricacies of healthy, nutritional yet affordable food. This extensive menu has been put together by a collaboration of fine local chefs and is pitched to delight you, our valued guest.

South Africa is blessed to have an abundance of great produce from both our land and seas, and this menu certainly displays an array of these quality items.

In closing, I would like to recognise the hard-working brigade of chefs, the "poets of the palate" who spend endless hours skilfully preparing and cooking your carefully chosen meal to perfection.

Culinary regards,

Stephen Billingham

Stephen Billingham
President
South African Chefs Association

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THE
BULL RUN
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SANDTON
A wealth of good taste

The Bull Run Management and Staff would like to thank the following Airlines for their support.

Air France	Emirates	Qantas
British Airways	Etihad	Qatar
Cathay Pacific	KLM	Swiss Air
Delta Airlines	Lufthansa	Virgin Atlantic
EI AI		

EXCHANGE RATES MAY VARY – Foreign currency only accepted by prior arrangement.

AGRICULTURE

STEAK & CAMEMBERT SALAD
BILTONG & AVOCADO SALAD
PROSCIUTTO & FETA SALAD
CALAMARI & CRAB SALAD
CHICKEN & PARMESAN SALAD
HALOUMI & AVOCADO SALAD
BULL RUN GREEK SALAD

R	\$	£	€	HIGH	LOW	VOL
125	9	7	8	125	125	217
115	8	6	8	115	25	119391
115	8	6	8	115	115	153
95	7	5	6	95	25	39838
95	7	5	6	95	25	45012
95	7	5	6	95	25	116027
90	6	5	6	90	25	12633

ALL SALADS SERVED WITH A
CITRUS & MUSTARD VINAIGRETTE
ALL SALADS ARE AVAILABLE IN HALF PORTIONS

COMMODITIES

STEAK TAR TAR
BULL RUN PRAWN RITZ
SMK SALMON WRAP
CARPACCIO DUET
SMK CHICKEN TIMBALE
SNAILS TRIO
PORK BELLY
SPICY CHOURICO
CRUMBED MUSHROOMS
FALKLANDS CALAMARI
PERI PERI CHICKEN LIVERS
CHEFS SOUP
CHEESY GARLIC BREAD

135	9	8	9	135	135	188
130	9	7	9	130	25	84358
100	7	6	7	100	100	197
95	7	5	6	95	95	189
95	7	5	6	95	95	50
95	7	5	6	95	95	205
95	7	5	6	95	95	144
85	6	5	6	85	85	106
85	6	5	6	85	85	215
80	6	4	5	80	35	90870
50	3	3	3	50	30	55662
50	3	3	3	50	25	21512
50	3	3	3	50	25	17678

ORGANICS

CHEF'S SPECIALITY PASTA
BULL RUN STIR-FRY
GNOCCHI & BLUE CHEESE CREAM
THAI COCONUT CURRY

90	6	5	6	90	50	12266
90	6	5	6	90	50	31715
90	6	5	6	90	89	187
90	6	5	6	90	45	42008

LIVESTOCK

LAMB CHOPS 400g
RIBEYE 550g
FILLET 350g
PORK RIBS 600g
T-BONE 500g
OSTRICH FILLET (SEASONAL)
VENISON LOIN (SEASONAL)
RUMP 350g
SIRLOIN 350g
FILLET 250g
LADIES FILLET 200g
PORK CHOPS 400g
RUMP 250g
SIRLOIN 250g

R	\$	£	€	HIGH	LOW	VOL
245	17	14	16	245	60	22216
245	17	14	16	245	50	111319
240	17	13	16	240	65	61930
225	16	13	15	225	65	110075
210	15	12	14	210	60	117623
205	14	12	13	205	95	46101
205	14	12	13	205	95	23943
190	13	11	12	190	55	60795
190	13	11	12	190	55	55290
175	12	10	11	175	55	61930
145	10	8	10	145	145	1783
145	10	8	10	145	50	34588
140	10	8	9	140	50	60795
140	10	8	9	140	50	55290

ALL STEAKS AVAILABLE IN ANY SIZE TO SUIT YOUR REQUIREMENTS
(EXCLUDING RIB EYE) JUST VISIT OUR IN-HOUSE BUTCHERY

HOW WOULD YOU LIKE IT DONE:
BLUE – STILL QUIVERING (TAIL & HORNS EXTRA)
RARE – COOL, RED CENTRE
MEDIUM RARE – WARM, RED CENTRE
MEDIUM – HOT PINK CENTRE
MEDIUM WELL – SOME PINK
WELL DONE – COMPLETELY STIFF AND JUICELESS (WE ARE NOT RESPONSIBLE)
CHEF'S RECOMMENDATION – VENISON SHOULD NOT BE COOKED MORE THAN MEDIUM RARE

CURRENCIES

CHEESE & CHIVE SAUCE
BLUE CHEESE & CHIVE SAUCE
PEPPER & BRANDY SAUCE
MUSHROOM & HERB SAUCE
BULL RUN PERI PERI SAUCE
GARLIC BUTTER CREAM SAUCE
LEMON BUTTER CREAM SAUCE

29	2	2	2	29	9	38100
29	2	2	2	29	27	3416
29	2	2	2	29	9	95664
29	2	2	2	29	9	113434
29	2	2	2	29	15	51670
29	2	2	2	29	9	29910
29	2	2	2	29	9	23969

BURGERS

BULL RUN BEEF BURGER
BULL RUN CHICKEN BURGER
BEEF BURGER
CHICKEN BURGER

115	8	6	8	115	65	16983
105	7	6	7	105	65	10943
95	7	5	6	95	45	89170
85	6	5	6	85	45	59424

THE
BULL RUN
RESTAURANT

SANDTON

A wealth of good taste

BULL RUN BUTCHERY

Our exclusive in-house butchery will cut and vacuum pack meat to your specific requirements, ready to be taken away.

CHEF'S SPECIALITIES

FILLET ON THE BONE
JELAPENO & FETA FILLET
SIRLOIN & PRAWN COMBO
BEEF ESPATADA
PRAWN & CHICKEN CURRY
BB RUMP
BRAZILIAN RUMP
NAKED BURGER

R	\$	£	€	HIGH	LOW	VOL
235	16	13	15	235	215	2897
215	15	12	14	215	195	37686
215	15	12	14	215	145	53604
210	15	12	14	210	195	NEW
195	14	11	13	195	155	118231
165	12	9	11	165	165	NEW
155	11	9	10	155	155	NEW
110	8	6	7	110	110	NEW

SUBJECT TO AVAILABILITY

POULTRY

CHICKEN CORDON BLEU
BABY CHICKEN
CHICKEN CURRY
CHICKEN KEBAB
CHICKEN BREAST

135	9	8	9	135	115	1468
130	9	7	9	130	45	11071
125	9	7	8	125	125	NEW
115	8	6	8	115	115	NEW
110	8	6	7	110	69	110186

FISHERIES

SEAFOOD PLATTER
QUEEN PRAWNS
LINEFISH
LEMON & DILL MUSSELS
FALKLANDS CALAMARI

295	21	17	19	295	105	28690
225	16	13	15	225	55	115925
200	14	11	13	200	103	112467
150	10	8	10	150	150	NEW
150	10	8	10	150	45	105772

ALL OUR MAIN COURSES, EXCLUDING CHEF SPECIALITIES ARE SERVED WITH YOUR CHOICE OF GRILLED VEG, POTATO WEDGES, RICE, BAKED POTATO, MASH POTATO, CHIPS OR PAP

FUTURES

CREAMED SPINACH
MASH POTATO
ONION RINGS
GARLIC MUSHROOMS
GRILLED VEGETABLES
HONEY BUTTERNUT
CHEESY JELAPENO FRIES
SWEET POTATO FRIES

45	3	3	3	45	15	114924
45	3	3	3	45	15	32621
45	3	3	3	45	10	51651
45	3	3	3	45	15	119863
45	3	3	3	45	10	113026
45	3	3	3	45	10	110574
45	3	3	3	45	42	NEW
45	3	3	3	45	42	NEW

ALL SIDES ARE AVAILABLE IN HALF PORTIONS