



## **SALADS**

### **Grilled Chicken Salad with 90**

Kernel-corn, sunflower & pumpkin seeds, lettuce, cucumber, tomato

With \*Avocado (Accompanied with our Home made salad dressing)

### **Cold Sea-Food Salad 90**

(Sea-food mix, Prawns & Calamari on a bed of lettuce,

Cucumber and diced tomato) seafood mix. Served cold.

### **Vegetarian Quinoa Salad 85**

(Corn-kernel, baby peas, diced tomato, mushrooms, fresh coriander, roasted sunflower & pumpkin seeds & with our own home made salad dressing (Crumbled feta cheese –optional)

\* Avocado

Add Chicken for R15 extra

### **Bocconcini Caprese Salad 85**

On a bed of tomatoes, Fresh Basil leaves, Bocconcini cow's milk cheese (8) balls seasoned with coarse sea salt, sunflower seeds and olive oil drizzled with reduced sweet balsamic on a bed of green leaves.

### **Smoked Chicken & \*Avocado Salad 85**

(With mixed lettuce, cherry tomatoes, olives and cucumber and our home made salad dressing).

Smoked Salmon & \*Avocado

### **Salad 105**

Smoked Trout/Salmon on a bed of mixed lettuce, cherry tomatoes, olives, cucumber and our home made salad dressing)

### **Vegetarian Salad 75**

(With mixed lettuce, cherry tomatoes, feta, cucumber & \*avo)

Bocconcini cheese (7) balls optional 18 extra

\*Avo-subject to availability

Thank you, Merci, Danke, Dankie, Obrigado