served from 8am - 11am

Eggs may be scrambled or fried with a slice of white or wholewheat, rye add R4

EGGS FLORENTINE (V) R79 Poached eggs with spinach & grilled mushrooms coated with hollandaise sauce on toasted ciabatta

SALMON BENEDICT R89

Poached eggs with avocado (seasonal), smoked salmon & spring onion coated

CHEESY MEXICAN NACHOS (V) R61 Cajun corn chips with salsa, Mexican or BBQ sauce topped with cheese WILD WINGS HOT OR NOT R60 A choice of BBQ or peri-peri sauce

GARLIC BREAD (V) R41 Ciabatta slices with garlic, parsley & cheese

SOUP OF THE DAY R59 served with a side of toasted ciabatta

CHICKEN & MUSHROOM SOUP R62 served with a side of toasted ciabatta



Served with a garnish of fries or side salad

RED AVOCADO CHICKEN R85

Crumbed chicken on a bed of lettuce, tomato & red onion with guacamole & honey mustard mayonnaise

HONEY MUSTARD SARMIE R79

Open sandwich with grilled chicken on a bed of lettuce, tomato, spring onion & a drizzle of honey mustard mayonnaise

RUMP CHEESE MELT R99

Succulent rump slithers, caramelised onion, cheddar cheese & mushroom or pepper sauce on a garnished bed of lettuce & tomato



CLASSIC MARGHERITA (V) R68 Italian tomato base & cheese

HUNGARIAN R88 Grilled chicken, garlic & mushroom

MONZA R81 Tikka chicken strips with spinach & avocado (seasonal)

RIBERY R99 Rib meat, onion, mushrooms & peppers

CALCUTTA R95 Grilled prawns, garlic butter, onion & avocado (seasonal)

SAN MARCO R94 Grilled chicken with feta & avocado (seasonal)

PASTA Party Served with a choice of penne, fettuccine or spaghetti

TOMATO BOLOGNESE R61 Ground beef sautéed with garlic & onion slow cooked with our homemade Napolitana sauce

ALFREDO R79 The classic La Rocca Alfredo with chicken, garlic & mushrooms in a ROKARI CHICKEN R88

Chicken sautéed in a creamy curry scented Napolitana sauce

BASIL VEG (V) R75 Assorted veg & rosa tomatoes tossed in garlic, basil pesto & feta

with hollandaise sauce on a toasted ciabatta

FUNGI OMELETTE (V) R65 Mushroom, spinach, onion & garlic

SMOKED SALMON OMELETTE R88

Smoked salmon, creamed cheese & spring onion

BIG DADDY original R75

chicken R85 steak BBQ or Masala R81 2 eggs, 2 macon, 2 sausage, baked beans, fries & toast

MOTHER CITY R61

2 eggs, 2 sausage, 2 macon, grilled mushrooms & tomato with toast

FULL HOUSE R85

2 eggs, beef patti, 2 macon, baked beans, grilled mushrooms, fries & toast

BOT R83

Scrambled eggs mixed with mushrooms, onion, tomato, feta & sausage on top of rye toast

GOURMET GATSBY R128

Char-grilled beef fillet slithers on a toasted garnished ciabatta stuffed with peri-peri fries

GOURMET BURGER R125

Char-grilled 250g beef fillet on a toasted garnished bun with caramelised onion, served with fries or side salad



Salads are all served with a toasted pumpkin seed health bread

GREEK SALAD (V) R61

An arrangement of mixed lettuce, cherry tomatoes, cucumber, olives, red onion & feta

CHICKEN & CORIANDER SALAD R71

An arrangement of mixed lettuce, succulent grilled chicken strips with cherry tomatoes, cucumber, carrots, avocado (seasonal), feta & fresh coriander

BUTTERNUT SALAD (V) R75

Oven roasted butternut, toasted pecan nuts, creamed cheese, rocket, pumpkin seeds & red onion

SALMON SALAD R95

An arrangement of mixed lettuce, cherry tomatoes, cucumber, red onion, avocado (seasonal), olives, topped with salmon & creamed cheese

creamy béchamel sauce

BAKED ALFORNO R81 (allow 20 minutes to prepare) Grilled chicken, garlic, mushrooms & oregano tossed in a béchamel sauce baked with cheese



EL TRIO R199 200g grilled chops, tikka chicken leg quarter, 400g BBQ beef ribs served with fries & onion rings

RACK OF RIBS R131 400g BBQ beef ribs served with fries & onion rings

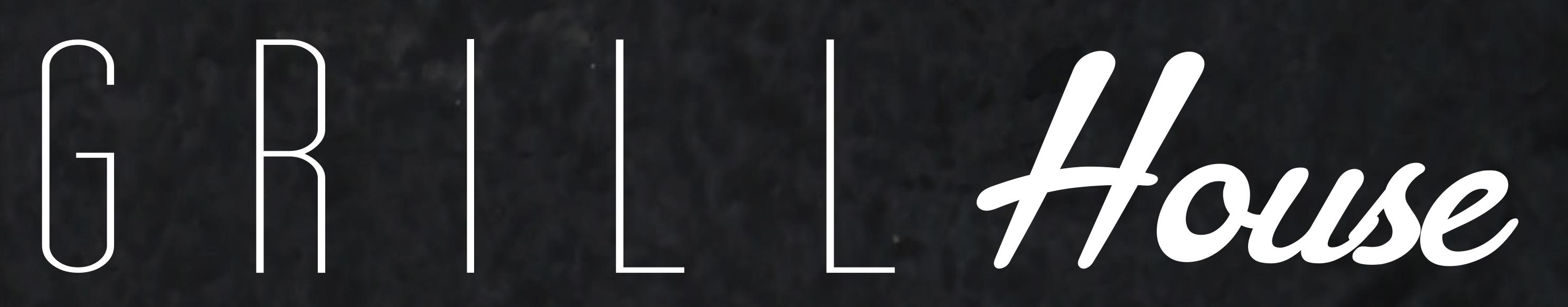
RIB & QUARTER CHICKEN R149.90 400g BBQ beef ribs & a quarter chicken served with fries & onion rings. option of tikka, lemon butter, peri-peri or BBQ sauce

BEEF FILLET R169 250g char-grilled BBQ beef fillet served with veg & fries or side salad - mushroom or pepper sauce

MONSTER T-BONE

CALAMARATA R135

Shell on prawns, calamari/squid & mussels in a citrus infused Napolitana sauce



LAMB CHOPS R155 400g lamb chops served with fries & veg - BBQ, rosemary or pepper crusted

RUMP STEAK R145

250g char-grilled rump served with fries & vegetables - mushroom/pepper sauce

RUMP & PRAWN R199

250g char-grilled BBQ rump steak served with 6 tariki flavoured prawns, onion rings & fries - mushroom or pepper sauce

ROCCA CHATEAU BRIAND R178

250g char-grilled fillet served with buttery mashed potatoes & veg - mushroom or pepper sauce

BEEF FILLET & PRAWN R225 250g char-grilled BBQ beef fillet served with 6 tariki flavoured prawns, onion rings & fries - mushroom or pepper sauce



FEATHER LIGHT R61 Poached eggs, grilled chicken fillet, baked beans, side salad & toast

SLIM LINE (V) R51 A fresh bowl of seasonal fruit, flavoured yoghurt & muesli

Tarmers CROISSANTS

JAM & BUTTER (V) R31 CHICKEN MAYO R58

toasted with mozzarella cheese & a choice of fries or side salad

THE FERMO HOT OR NOT R81 Succulent beef or chicken strips with braised onion, peppers & mushrooms sauteed in a Mexican or BBQ sauce

SPINACH & FETA (V) R75 Freshly tossed creamy spinach & feta

CHICKEN MAYO R79 Creamy chicken mayonnaise on a bed of lettuce & tomato

Beach		

Served with a garnish of fries or side salad PIRATE PLATTER R169

BBQ/MASALA R159 400g char-grilled BBQ T-bone served with fries & onion rings - mushroom or pepper sauce

RACK OF RIBS & WINGS R149.90 400g BBQ beef ribs & 6 chicken wings served with fries & onion rings

RIB & CALAMARI R195 400g BBQ beef ribs with calamari/squid, served with fries & onion rings



Choice of Beef or Chicken served with fries or side salad

ROCCA CLASSIC R75 CLASSIC CHEESE R79 THE M&M (MUSHROOM & MOZZARELLA) R12 TWIN TOWER R99

RIB BURGER (BEEF ONLY) R85 JALAPEÑO, PEPPADEW & AVOCADO R90 MEC (MACON, EGG & CHEESE) R15 BEEF SMASH BURGER R16 An open burger with sliced avo & egg Cheese & garlic mayonnaise