

BREAKFAST

Scrambled Eggs on Toast	R35	Three Egg Omelette	R35
Scrambled eggs with two slices of		Light & fluffy three egg omelette	
white or brown toast & butter.		with freshly chopped herbs.	
Health Breakfast	R49	Omelette Fillings:	
Layered muesli, plain yoghurt &		Tomato	R10
berry coulis.		Cheddar Cheese	R12
Catlana Donal (ant	R49	Cream Cheese	R15
Sailors Breakfast	K49	Crispy Bacon	R20
Two eggs, crispy bacon & pan-fried		Ham	R20
tomatoes with two slices of white or		Mushrooms	R20
brown toast & butter.			R35
		Smoked Salmon	KOO

French Toast R49 French toast served with maple

syrup, cheese & bacon.

Captains Breakfast R69

Two eggs, crispy bacon, pan-fried tomatoes, sautéed mushrooms & chips with two slices of white or brown toast & butter.

Eggs Benedict R69

Two poached eggs on toasted English Muffins with gypsy ham, served with hollandaise sauce.

Eggs Royale R79

Two poached eggs on toasted

English Muffins with smoked salmon, served with hollandaise sauce.

Beverages

Please ask your waiter about our selection of fruit juice, sodas coffees & teas...

"I am not a glutton - I am
an explorer of food."

Erma Bombeck



STARTERS

Spring Rolls (Three) North African veg, served with a mint-yoghurt dip.	R39
Prawn spring rolls served with a sweet chilli sauce.	R59
Soup of the Day (v)	R39
Seafood Chowder Tomato based with calamari, mussels & fish.	R55
Chicken Livers Peri-Peri Pan fried in a tomato, red wine & garlic sauce served with toasted ciabatta bread.	R55
Chicken Wings Golden fried spicy wings, served with fries & chilli-mayo.	R65
West Coast Mussels Steamed mussels served in creamy white wine sauce.	R69
Fish Cakes Freshly prepared & served with sweet chilli jam.	R69
Deep-fried Calamari Deep fried calamari rings or strips, served with caper & dill cucumber mayo.	R69
Scampi Crumbed queen prawns served with a sweet chilli sauce.	R75

SALADS

Garden Salad (v) Cucumber, tomato, onion & greens served with balsamic vinegar & olive oil.		R45 R55
Greek Salad (v) Feta, cucumber, tomato, onion black olives & greens served with balsamic vinegar & olive oil.	full	R49 R59
Old Style Blackened Chicker Grilled cajun chicken breast, tomato, cucumber & greens serv with salsa & ranch dressing.		R75
– Jalapenos optional		R5
Chef's Salad Chicken, ham, egg, mozzarella, tomato, onion, cucumber & gree served with croutons & ranch dre		R79
Prawn & Avo Salad Prawns, avo, tomato, onion,		R89

riawns, avo, iomaio, omon,	
cucumber & greens served with	
island dressing.	
Salmon & Avo	R95

Smoked salmon & avo drizzled with a yoghurt & dill dressing served on a bed of greens.

Seared Tuna & Avo R95
Seared tuna, avo, tomato,
onion, red pepper & greens served
with pickled ginger & honey-soy
dressing.

Grilled Baby Calamari R75

Grilled baby calamari served with garlic or chilli butter.

Fresh Oysters

Six R90 Twelve R168 "Cooking is like love. It should be entered into with abandon or not at all."

Harriet van Horne



SEAFOOD

Served with a choice of chips, rice or side salad

		vegetubles of side saida	
Fish Cakes Freshly prepared & served with sweet chilli jam.	R85	Catch of the Day Grilled & served with lemon or garlic butter.	R145
West Coast Mussels Steamed mussels served in creamy white wine sauce with toasted ciabatta bread.	R95	Cape Malay Seafood Curry Mussels, calamari, catch of the day & prawns cooked in fragrant curry spices, coconut & tamarind, served	R145
Fish & Chips Deep-fried hake fillet in a beer batter, served with caper & dill cucumber mayo.	R99	with basmati rice & poppadoms. Grilled Sole Grilled & served with lemon or garlic butter.	R149
Calamari Steak Grilled tender calamari steak, plain or blackened, served with tartar sauce.	R99	Tuna Sesame crusted seared tuna drizzled with wasabi mayo served with a balsamic reduction.	R185
Deep-fried Calamari Deep-fried calamari rings or strips, served with caper & dill cucumber	R99	Grilled Kingklip Grilled & served with lemon or garlic butter.	R185

Grilled Baby Calamari R145

Grilled baby calamari served with garlic or chilli butter.

Calamari Platter R165

Grilled baby calamari, flash fried calamari rings & tender calamari steak, served with fries, rice or a side salad.

Kingklip wrapped in bacon served with lemon or garlic sauce.

Side Orders

oman or Carlia Buttar/Onia

Kingklip Espatada

SEAFOOD

vegetables or side salad

Served with mashed potatoes & seasonal

Lemon or Garlic Butter/Onion Rings R19
Small Fries R25
Creamed Spinach & Butternut R25

"I cook with wine.

Sometimes I even add it to the food."

W. C. fields

R189



COMBOS

Served with a choice of chips, rice or side salad

Bertha's Combo R139

Half portion hake deep fried in our secret batter, 3 prawns, 3 mussels & calamari strips or rings.

Hake & Calamari Combo R129

Half portion hake in a beer batter & deep-fried calamari rings or strips, served with caper & dill cucumber mayo.

OR

Full portion hake in a beer R159 batter & deep-fried calamari rings or strips, served with caper & dill cucumber mayo.

Prawns & Langoustines

Queen prawns	8 FOR R235
King prawns	6 FOR R265
Tiger giants	3 FOR R525
Langoustines	3 FOR R345
	6 FOR R595

PLATTERS

Served with a choice of chips, rice or side salad

Bayside Platter for 1

R199

Grilled seafood, which includes 5 prawns, mussels, calamari & catch of the day, served with a selection of sauces.

Neptune's Platter for 2

R360

Grilled seafood, which includes
10 prawns, mussels, calamari &
catch of the day, served with
a selection of sauces.

Wharfside Platter for 1 R495

Grilled seafood, including 2 tiger giant prawns & 4 prawns, mussels, calamari & catch of the day, served with a selection of sauces.

Quayside Spectacular for 2 R895

Grilled seafood, which includes
4 tiger giant prawns & 8 prawns,
mussels, calamari, & catch of the day,
served with a selection of sauces.

"laughter is brightest where food is best."

Irish Proverb



MEAT & POULTRY BURGERS

Served with a choice of chips, rice or side salad

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R95 Chicken Wings Golden fried spicy wings, served

with fries & chilli-mayo

R95 Cape Malay Chicken Curry Cape Malay curry with basmati rice, poppadoms & sambals.

R99 Spatchcock Chicken Succulent spatchcock chicken, char-grilled basted with your choice of either lemon & herb or Mozambique chilli sauce.

R125 Lamb Curry Served with basmati rice. poppadoms & sambals.

Aged Sirloin

deep-fried onion rings. R115 200g R145 300g

Aged Fillet

Grilled fillet steak, served with deep-fried onion rings. 200g

R139 R179 300g

Barbequed Spareribs half R135 full R189 Char-grilled spareribs, in

our famous marinade.

Choice of side sauces R19 Mustard | Mushroom | Pepper

"People who love to eat are always the best people" Julia Child

Classic Burger **R69** 180g ground beef patty or chicken fillet.

R79 Saucy Burger Topped with choice of sauce.

R95 Prego Roll Sirloin marinated in a Peri-Peri sauce, served with crispy onion rings.

R99 Fully Loaded Burger Topped with bacon, salsa, sautéed mushrooms & a slice of cheese.

Steak Roll **R99** 150g sirloin in a roll with deep fried onion rings.

Choice of burger toppings R6 Egg R12 Slice of cheese

R15 Bacon

PASTA

R79 Mediterranean Medley (v) Olives, garlic, mushrooms, tomatoes, basil pesto & parmesan cheese served on a bed of penne pasta.

North African Chicken Pasta **R85** Spicy chicken strips, creamy sauce served on a bed of penne pasta.

Seafood Pasta **R99** Mussels, prawns, calamari & catch

of the day tossed in a creamy garlic white sauce & penne pasta.



KIDDIES

Ages 12 & under.

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omato & Cheese Pasta	R35	Vanilla Ice cream	R25
Crumbed Chicken Strips erved with chips.	R45	Ice cream & Chocolate Sauce	R35
		Scones	R35
ish Cakes erved with chips.	R45	Two scones served with butter, jam & cream.	
Calamari Rings or Strips erved with chips.	R49	Malva Pudding Traditional South African sponge pudding served with butterscotch sauce & choice of cream or vanilla ice cream.	R39
eef Burger erved with chips.	R55		
		Eton Mess Crumbled meringue, berries, vanilla ice cream & cream.	R45
		Chocolate Mousse An incredibly decadent luxurious chocolate mousse served with	R49

DESSERT

Baked Cheesecake R49

Served with berry coulis & choice of cream or vanilla ice cream.

cream or ice cream.

Chocolate Brownie R49

Lindt chocolate brownie served with cream or ice cream.

SPECIAL COFFEES R45

Amarula Frangelico Kahlua

Irish Whiskey

Dom Pedro