

BREAKFAST

Sweet Delights

CRÈME VIN ROUGE 32

Vanilla ice cream drizzled with a sweet red wine sauce & crushed almonds

RICH CHOCOLATE CAKE* 42

An intense chocolate indulgence, served with dark chocolate sauce & ice-cream

LEMON BLUEBERRY CHEESECAKE* 46

Proudly home-baked cheesecake with lemon ganache & blueberries

MALVA PUDDING

A classic favourite topped with either ice cream, custard OR sautéed apple slices in a sugar syrup:

- ★ One topping 39
- ★ Two toppings 48
- ★ All three toppings 57

AFFOGATO 32

Vanilla ice cream with hot gourmet espresso, dark chocolate sauce & crushed almonds

VANILLA ICE CREAM 30

Drizzled with hot chocolate sauce & crushed almonds

BELGIAN WAFFLES

A real Belgian waffle is less sweet, light & crisp on the outside. We toast them to perfection & serve them with:

- ★ Dark chocolate sauce, golden syrup & ice cream 56
- ★ Mixed berries, golden syrup & cream 58
- ★ Fresh seasonal fruit & ice cream 54

*Enquire about availability

BASIC BISTRO



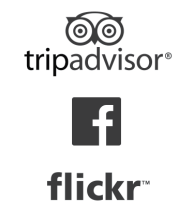
Basic Foods

The Essential Food Service

WE ACCEPT:



FIND US ON:



021 883 3629

INFO@BASICBISTRO.CO.ZA

WWW.BASICBISTRO.CO.ZA

31 CHURCH ST, STELLENBOSCH

MENU DESIGN BY SUNFLOOD

WE ARE OPEN FOR BREAKFAST FROM 7:30AM
ON WEEKDAYS AND 9:00AM ON A SATURDAY & SUNDAY

PLEASE NOTE A 10% SERVICE CHARGE APPLIES
TO GROUPS OF 6 OR MORE

French Toast

MADE WITH FRESH FARM WHITE BREAD

THE FRENCH MOUSTACHE 44
With three rashers of bacon, topped with grated cheddar & drizzled with golden syrup

THE MONKEY’S UNCLE 49
With three rashers of bacon, topped with grated cheddar & grilled banana, drizzled with golden syrup

LE CLASSIQUE 32
With grated cheddar & drizzled with golden syrup

THE SWEET STACK 49
With mixed berries, fresh cream & drizzled with golden syrup

Croissants

CROISSANTS ARE BAKED IN LIMITED QUANTITIES & ARE DELIVERED FRESH AROUND 8:00 AM DAILY

PLAIN CROISSANT WITH BUTTER 28
Add strawberry jam for R9, cheddar cheese for R9 and/or whipped cream for R12

THE NAPOLEON 79
With savoury mince in Italian sauce, fresh basil leaves & mozzarella cheese (add free-range egg for R6)

TOUR DE FRANCE 68
With fresh cherry tomatoes, bacon, scrambled eggs & fresh rocket

The Basics

THE BASIC BREAKFAST 46
A slice of toast, one egg, bacon, caramelised onions & fried cherry tomatoes (for scrambled eggs: add R4)

THE EARLY RISER (JUNIOR) 33
A slice of toast, one egg, cheese, caramelised onions & fried cherry tomatoes (for scrambled eggs: add R4)

THE EARLY RISER (SENIOR) 46
Two slices of toast, two eggs, cheese, caramelised onions & fried cherry tomatoes (for scrambled eggs: add R4)

THE MONKEY 49
A slice of toast, one egg, bacon, banana & mozzarella cheese (for scrambled eggs: add R4)

BASICALLY FRENCH 22
Add your pleasure:
★ Golden syrup 4
★ Bacon 18
★ Grated cheddar (or mozzarella) 9
★ Fried banana 9
★ Mixed berries 12
★ Savoury mince in Italian sauce 32

CAFÉ LEON 58
With two sunny eggs, caramelised onions, grated cheddar, mustard mayo & fresh rocket (add bacon for R18)

MARIE ANTOINETTE 67
With three rashers of bacon, hummus, grated mozzarella & rocket

ERNIE GUY 39
Slice of farm white with bacon, fried egg & cheddar cheese on top (add mushrooms for R12)

THE BOMB 64
Panini topped with savoury mince in Italian sauce, fried egg & cheddar cheese

THE FULL BREAKFAST 76
Two slices of toast, two eggs, bacon, caramelised onions, pork sausages & fried tomato (for scrambled eggs: add R4)

CREAMY MUSHROOMS 46
Portobello mushrooms in a cream & rosemary sauce on rustique ciabatta with baby spinach leaves & Danish feta

GOOD TO KNOW

- ★ Our toast options: farm white, rye, wholewheat
- ★ All our eggs are laid by freely roaming chickens (free-range)
- ★ Choose between fried, scrambled, boiled or poached eggs
- ★ 1 order of scrambled eggs = 2 eggs, an omelette = 3 eggs

Low Carb Breakfast

THE SPOKESMAN 46
Two poached eggs with avo slices [S], fresh tomato, a drizzle of olive oil & a squeeze of lemon (add salmon for R24, mushrooms for R10, pork sausages for R16)

Oh So Healthy

THE SALMON ROYALE 72
Slice of seed loaf with salmon-trout, mashed avo [S] & a poached egg, seasoned with crushed black pepper, lemon juice & a drizzle of olive oil, topped with crisp rocket

THE BACON ROYALE 64
Slice of seed loaf with bacon, mashed avo [S] & a poached egg, seasoned with crushed black pepper, lemon juice & a drizzle of olive oil, topped with crisp rocket

THE IRON FIST 58
Toasted rustique ciabatta topped with wilted spinach, Danish feta, fried onions & a poached egg, all drizzled with mustard mayo

Omelettes

OMELETTES ARE MADE WITH 3 FREE-RANGE EGGS AND SERVED WITH A SLICE OF TOAST

★ Basic omelette (add fillings of your choice) 36
★ Tomato, bacon & cheddar 67
★ Ham, mushroom & mozzarella 67
★ Savoury mince in Italian sauce, mozzarella & basil leaves 78

THE SCRAMBY DEAL 49
Three scrambled eggs topped with Italian tomato-based sauce, crumbed Danish feta, avo slices [S] & fresh rocket (add pork sausages for R16)

FOR THE LOVE OF AVO 32
Slice of seed loaf with mashed avo [S] & a poached egg, seasoned with crushed black pepper, lemon juice & a drizzle of olive oil, topped with crisp rocket (add free-range egg for R6, bacon for R18)

THE ALPINE 46
A selection of seasonal fruit with muesli, yoghurt & honey

OATS & HONEY 28

★ Bacon, avo [S], Danish feta & caramelised onions 78
★ Bacon, Peppadew™, mozzarella & fresh rocket 67

ADD FILLINGS OF YOUR CHOICE
These can be added to any breakfast:

Golden syrup 4	Avo [S] 14	Mushrooms (brown) 12	Gypsy ham 19
Grated cheddar 9	Caramelised onions 7	Italian tomato-based sauce with crushed tomato, garlic & herbs 9	Pork sausages 16
Grated mozzarella 9	Cherry tomatoes 7	Peppadew™ 7	Salmon-trout 28
Fried banana 9	Chillies (mixed) 5	Rocket 7	Savoury mince in Italian sauce 32
Mixed berries 12	Feta cheese 9	Bacon (3 rashers) 18	
Peanut butter 5	Garlic 7		
Baked beans 9	Hummus 11		

WHY, SOMETIMES
I’VE BELIEVED AS MANY AS
6 IMPOSSIBLE
THINGS BEFORE
BREAKFAST
~ LEWIS CARROLL, ALICE IN WONDERLAND